



baskin:  
uno sport per tutti!



**3 training modules,  
3 identities,  
3 searches for balance**

TRAINING FOR ASPIRING TRAINERS

Alexy Valet



COMPETITION

ETHICS

??????





# 3 TRAINING MODULES



**COURSE**  
=



**MODULE 1**

**MODULE 2**

**MODULE 3**

**THE**  
**GAME**

**THE**  
**TRAINING**

**THE**  
**COMPETITION**

# FORMATIVE LOGIC e METAPHOR OF THEATER



**COURSE**  
=



MODULE 1

MODULE 2

MODULE 3

THE  
GAME

=

NEW SPORTING  
PRODUCT

DESIGNED  
FOR ALL

*(WRITTEN WORK)*

THE  
TRAINING

=

INTERPRETATIVE  
PROCESS

APPLIED TO THIS  
PRODUCT

*(BEHIND THE SCENES)*

THE  
COMPETITION

=

PUBLIC  
(RE)PRESENTATION  
OF A SPECTACLE  
(= product + process)

*(PUBLIC STAGING)*

# 3 FUNDAMENTAL IDENTITIES



**BASKIN**

=



Occasion of  
**ENJOYMENT**

Occasion of  
**personal GROWTH**

Occasion of  
**social CHANGE**

**SPORTING**  
**DISCIPLINE**

**EDUCATIONAL**  
**TOOL**

**CULTURAL**  
**PROJECT**

**SPORT**

=

**CODIFIED  
COOPERATIVE &  
COMPETITIVE  
GAME**

**EDUCATION**

=

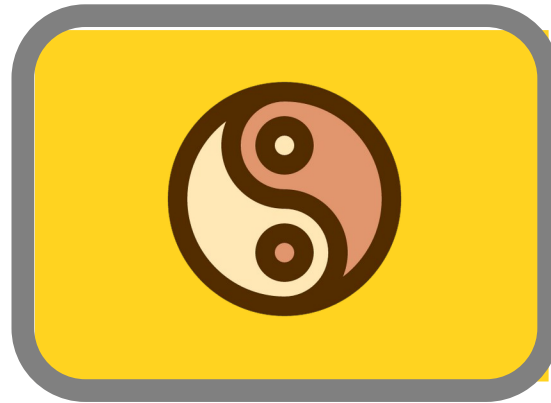
**PROCESS  
OF  
HUMANIZATION**

**CULTURE**

=

**COMMON  
HORIZON  
OF COMMITMENT**

# 3 SEARCHES FOR BALANCE



WITHIN  
THE RULES GAME

Search for FAIRNESS

WITHIN  
TRAINING

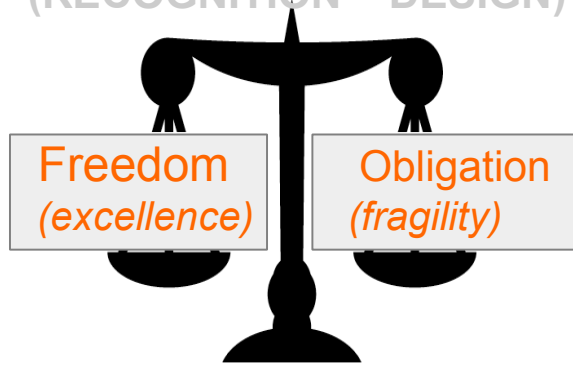
SEARCH for FULLNESS

WITHIN  
THE MATCH

Search for BEAUTIFULNESS

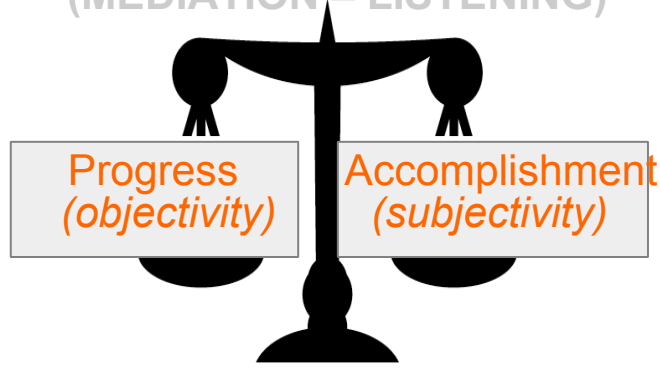
**E**QUITY

(RECOGNITION – DESIGN)



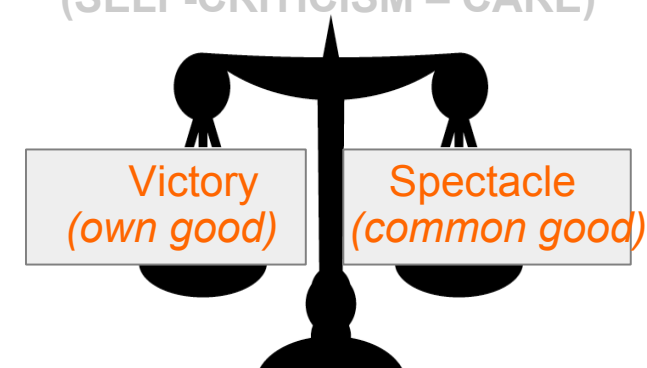
**E**MPATHY

(MEDIATION – LISTENING)

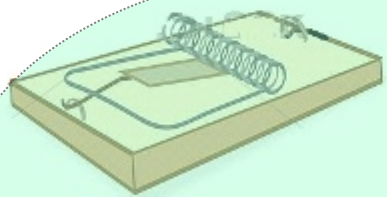
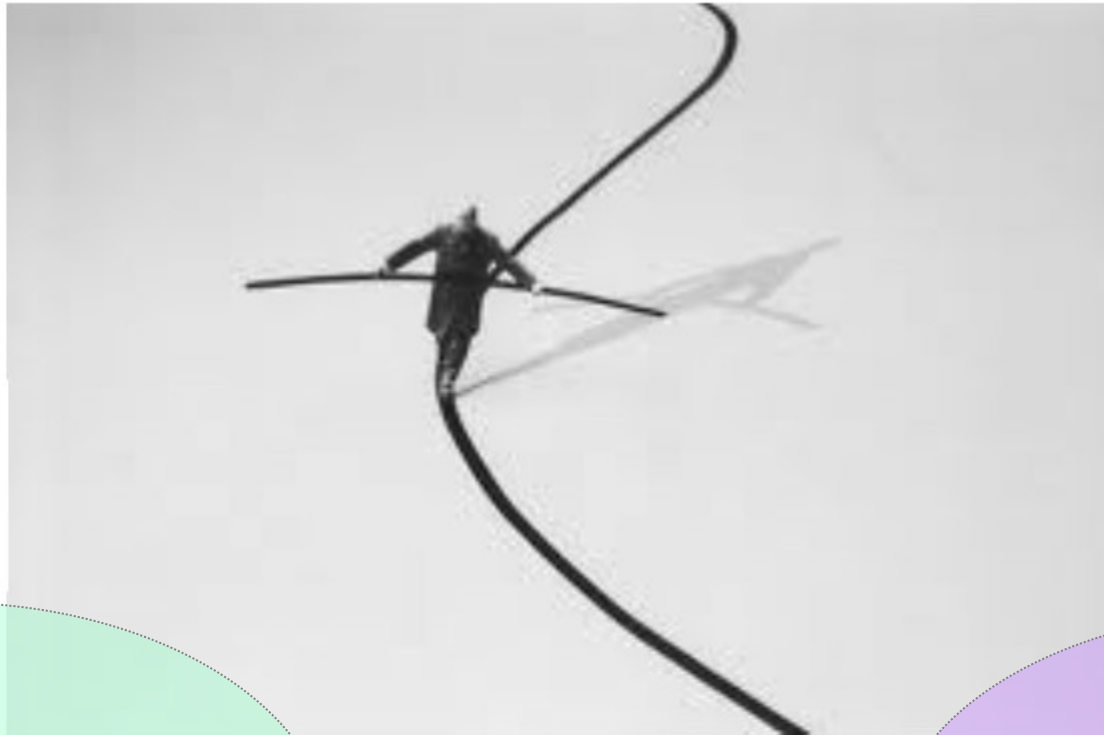


**E**STHETICS

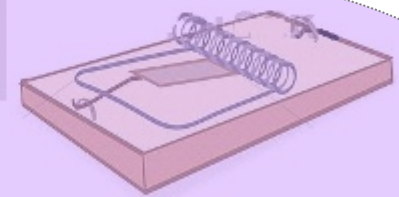
(SELF-CRITICISM – CARE)



***A VERY NARROW PATH ...***  
**TO BE DISCOVERED STEP BY STEP**  
“The path is made by walking.” (Machado)



**NORMALIZATION**



**ASSISTENTIALISM**

# INCERTAINTY OF BENEFITS

SPORTIVELY

EDUCATIONALLY

CULTURALLY

INCERTAINTY

ABOUT THE EFFECTS  
GENERATED  
BY BASKIN

INDETERMINACY...

Baskin is **NOT**  
a magic wand  
**BY ITSELF.**





# A MATTER OF RESPONSIBILITY

Things do not go by themselves,  
especially beautiful ones !

Everyone must take his/her own  
**RESPONSIBILITY**

WITH

- 1) a critical look
- 2) an ethical look
- 3) a practical look



# RESPONSIBILITY OF THE COACH



## THE COACH

through his/her choices

(or the teacher, the educator)

**IS**

in any case

THE MAIN

ETHICAL GUARANTOR

OF THE EXPERIENCE OFFERED

*... not the activity by itself*



ॐ नमो भगवते वासुदेवाय

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baskin:  
uno sport per tutti!

**HAPPY COURSE  
TO ALL OF YOU !!!**

***“May the most inclusive... win!”***